Quick RA Facts

Approximately **450,000** people in the UK are living with Rheumatoid Arthritis.

It can affect anyone at any age, but a common age of onset RA is **40-60 years**

The condition mostly affects women, with a female to male ratio of **3:1**

Contact us now

General 01628 823 524
Helpline 0800 298 7650
Email enquiries@nras.org.uk
Visit www.nras.org.uk

Follow us on social media!

- @nationalrheumatoidarthritissociety
- @NRAS_UK
- @nras_uk
- @NRAS_UK
- @NRAS

Right Start
Patient Referral Service

Have you been diagnosed with Rheumatoid Arthritis?

Our 4 step patient referral service is built to inform and support all those diagnosed with RA.

nras
National Rheumatoid Arthritis Society

Who are NRAS?

Founded in 2001, the National Rheumatoid Arthritis Society (NRAS), is the only patient-led organisation in the UK specialising in Rheumatoid Arthritis (RA) and Juvenile Idiopathic Arthritis (JIA).

Due to its targeted focus on RA and JIA, NRAS provides wide-ranging services to support, educate and campaign for people living with these complex autoimmune conditions, their families and the health professionals who treat them.

Visit nras.org.uk to find out more

Why should you use Right Start?

With Right Start, you will:

- Better **understand** what RA is.
- **Know** how it can affect you.
- Get the right **support**.
- Feel more in **control**.
- Get a **tailored pack of information** that meets your personal needs.
- Have the opportunity if you wish, to **talk** to someone also living with the condition.

The 4 Step Process

1. You are referred to the Right Start service by your healthcare professional.

2. You will receive a scheduled call from a member of our Information & Support team.

3. You will then be sent a tailored pack of information from NRAS.

4. We will offer you the option of a booked call between yourself and one of our trained volunteers with experience of living with RA.

To get started, ask your health professional to make an online referral at nras.org.uk/rightstart